

# HEALTHY HABITS

WITH  
**Mark Evans**  
OF  
**HEAVY ON A&E**

Follow the journey  
from to



COME GET MOTIVATED BY MICHAEL & APRIL AT WOW  
AND HEAR ABOUT HOW HEALTHY HABITS CAN MAKE  
THE DIFFERENCE IN YOUR LIFE!

## MONDAY, MARCH 28

## TATE 142 @ 3 PM

Please consider donating \$5 to support this event.  
All proceeds benefit Athens Indie Gaming.

**THIS IS A BLUE CARD EVENT**

Event Sponsors

